



Free Behavioral Health Services

To make an appointment, call (573)882-2428

Our Mission: IBHC offers comprehensive integrative behavioral healthcare for adults who are uninsured or unable to afford low cost, high quality care.

Under the direct supervision of licensed clinical social workers, University of Missouri School of Social Work graduate students offer the following ongoing services:

Comprehensive Assessments in:

- Mental Health
- Resource needs
- Other Health Needs

Clinical Services

- Counseling
 - Individual, couples, families
 - Case management
 - Crisis intervention

Psychoeducational Groups

- Understanding your diagnosis
- Coping skills training
- Substance Abuse

Support Groups

- Grief and loss
- Parenting
- Chronic pain



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